

# THE TRAVELLERS REST

## Kids Menu

Build  
your meal in  
3  
simple steps

Under 6's £2.99

Over 6's £3.99

### 1 CHOOSE YOUR MAIN

#### Mini Fish Fingers

Two Birds Eye® Omega 3 fish fillet fingers 172 Kcal

#### Mini Chicken Dippers

Three Birds Eye® chicken breast dippers 181 Kcal

#### Mini Veggie Fingers (v)

Two Birds Eye® Green Cuisine veggie fingers 111 Kcal

#### Simply Pasta

Pasta shapes served with a yummy tomato sauce 238 Kcal

#### Cheese on Toast (v)

A slice of toast served with melted Cheddar cheese 226 Kcal

#### Grilled Chicken

Grilled half chicken fillet with melted Cheddar cheese and BBQ sauce 216 Kcal

#### Burger

Served in a bun with grated Cheddar cheese, lettuce and tomato. Choose from:

- Beef 236 Kcal
- Chicken 266 Kcal

#### Fish Fingers

Four Birds Eye® Omega 3 fish fillet fingers 344 Kcal

#### Chicken Dippers

Six Birds Eye® chicken breast dippers 362 Kcal

#### Veggie Dippers (v)

Four Birds Eye® Green Cuisine veggie fingers 223 Kcal

### 2 CHOOSE YOUR SIDE

**Skin-on Fries (v)** 171 Kcal

**Mash (v)** 104 Kcal

**Sunshine Rice (v)**  124 Kcal

**Garlic Bread (v)** 152 Kcal

### 3 ADD A VEG

**Salad (ve)**   11 Kcal

**Peas (ve)**  50 Kcal

**Heinz® Baked Beans**  52 Kcal

**Mini Corn Bites (v)**  111 Kcal

# KIDS' FAVES

## UNDER 6'S

### Mini All Day Breakfast

£2.99

One pork sausage, a tried tree-range egg, Heinz® Baked Beans and skin-on fries. with toast and butter *490 Kcal*

## OVER 6'S

### Mild Chicken Curry

£3.99

Served with sunshine rice *301 Kcal*

### Mixed Grill

£3.99

Half a chicken fillet, beef burger, one pork sausage, served with grilled tomato, a fried free-range egg, garden peas and skin-on fries *533 Kcal*

### Cheese & Tomato Pizza (v)

£3.99

A classic favourite served with a mini side salad *474 Kcal*

### All Day Breakfast

£3.99

Two pork sausages, a fried free-range egg, Heinz® Baked Beans, grilled tomato and skin-on fries, with toast and butter *779 Kcal*

## KIDS' MEAL DEAL

UNDER 6s

£4.49

OVER 6s

£5.49

With a kids' main, pudding & drink.

Available every day

## ALL KIDS' MAINS

ONLY £1\*

Monday - Friday, 3pm onwards

\* With every adult meal

# PUDDINGS

### Peach Jelly (ve)

99p

A deliciously fruity jelly containing peach pieces *82 Kcal*

### Vanilla Ice Cream

99p

Served with chocolate sauce *387 Kcal*

### Fresh Strawberry Sundae (v) £1.49

Vanilla ice cream, fresh strawberries, fluffy cream and a wafer *454 Kcal*

### Build your own Sundae (v) £1.49

Build a masterpiece! Two scoops of vanilla ice cream with Cadbury® Buttons, fresh strawberries, Mllkybar® Buttons and chocolate sauce *576 Kcal*

# DRINKS

### Glass of Fresh Milk *123 Kcal*

### Fruit Shoot

With real fruit and no added sugar

Apple & Blackcurrant *8 Kcal*

Orange *17 Kcal*

### R White's Lemonade

Sugar-free *6 Kcal*

### Diet Pepsi®

Sugar-free *2 Kcal*

PLEASE ASK AT THE BAR FOR DRINKS PRICES

Tap  
water  
is on the  
house!

Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients if you have any questions, allergies or intolerances, or you require our allergen information, please let us know before ordering.  = one of your five a day. A portion of fruit or veg for our kids' meals is based on a minimum 60g serving size. (vg) = made with vegetarian ingredients (v) = made with vegan ingredients. However some of our preparation, cooking and serving methods could affect this. If you require more information please ask your server. Calories are correct at time of print.